Participant Assumption of Risk

Participation in all activities requires the acceptance of risk of possible serious injury. The risk can be minimized by following your coach's rules and procedures, by familiarizing yourself with the rules of the activity, and by following the specific rules issued by manufactures for the safe use of your activity equipment. The risk is always there, but you can help minimize it by making safety a shared responsibility. When you make a decision to participate in an activity, you are assuming the shared responsibility of following the activities rules, coach's rules, and the equipment manufacturer's rules. You, as a participant, can help make the activity safer by not intentionally using techniques which are illegal and which can cause serious injury.

the risk of my son/daughte the injury may be severe, in death. I hereby give my co	ian of	. I realize that ysis or even
safety and that you realize	w indicates that you have been informed about the im there is a risk of being injured in all activities. You rea e, including the risk of fractures, brain injuries, paralysi	lize that the
Date:	Student's Signature:	
Date:	Parent/Guardian Signature:	